Falcon Flyer



Fletcher Elementary School

340 School Road, Fletcher, Vermont

January 2020

BE RESPECTFUL BE RESPONSIBLE BE SAFE BE CARING

SOAR LIKE A FALCON

UPCOMING EVENTS

February 24-March 3 February Break No School

March 3 Town Meeting 9:30 AM

April 20-24 April Break No School

May 26 Spring Concert 1:30 p.m. (No evening performance)



Sauerkraut, Anyone?By Tracey Godin, Grades 3/4 Teacher

On December 19, third and fourth graders hosted Angus Baldwin, from Three Crows Farm, located in Jeffersonville, and Rachel Huff, from the Healthy Roots Collaborative, in our classroom. Angus and Rachel taught us how to make sauer-kraut. A whole bunch of red and green cabbages were brought in for us to slice up. All students participated in making the sauer-kraut. Within the next few weeks the students will take the sauer-kraut around to all classrooms to do a taste test with students at Fletcher Elementary and talk about the making of the product.

Fly Swatters: A New Literacy Game in Mrs. Hurt's Class

By Nancy Hurt, Grades 1/2 Teacher

Fly swatters: our newest tool to scoop up more words! Students in Mrs. Hurt's grades 1/2 class have been buzzing into 2020 with a new game. Each turn, a student reads a word, swats it (a fly shaped word card) and then spells it. The positive response has been overwhelming: Games increase engagement and learning!



Mrs. Hurt's students play Fly Swatter, a new literacy game.



Box Tops for Education

By Sarah Tucker, K-6 Special Educator

Do you know what *Box Tops for Education* can do for Fletcher Elementary School? I just learned this information myself. *Box Tops* submissions help to purchase items for our school community. In the past, this money has funded things like scholarships for school activities, hands-on learning materials, winter wellness materials, field trips, and so much more!

Historically, collecting *Box Tops* used include having to buy the participating products, clipping out the tops and then having to remember to send the tops to school... But, now it's even easier!

Box Tops Cont'd on page 3

Follow Us On Social Media!!!

Twitter:
aFletcherFalcon

Facebook: Fletcher Elementary School



Valuing Your Values (And Those of Others!)

By Lisa Coale, School Counselor

Fifth and sixth grade students have been thinking about their values and how they can use their values to help make good decisions. They have also been thinking and talking about how their values and the values of their peers can help make school a place where everyone feels safe and welcome.

Students started this work by learning a little bit about values and why people value certain things over others. Then, all fifth and sixth graders did a values inventory where they answered a series of questions resulting in identifying a list of five core values. After students had identified personal values we had a class discussion about how the values of a community impact the members of that community. Using a survey, fifth and sixth graders anonymously shared the two values they most often see here in our school community. The polling survey generated this word cloud (above.) The larger words are values that multiple students submitted, illustrating that Fletcher students view their school community as one that values creativity and humor among many other great values!

We will use this work in the coming weeks to talk about how values impact our friendships and the goals we set for our future. Talk with your student about their values and consider sharing with them how your values have impacted your life.

Tally-Ho! Math in the Snow.... Kindergarteners "Fence In" their Snow People with TALLIES!

By M.C. Baker, Art Teacher and Cathy O'Brien, Kindergarten Teacher

Mrs. Baker.: Arts integration is an approach to teaching that I wholeheartedly embrace. By teaming and planning with colleagues, I can plan fun and engaging art projects that align with learning that teachers will work on within their classroom curriculum



These snow people were made on black construction paper and used oil pastels as the students' medium. In art class, they were taught how to create shading and shadows by using other colors to make the snowperson appear more three dimensional. In math class, Ms. O'Brien gave each student a specific number and let them create their own unique fence using popsicle sticks to reinforce work with tallies from math class.

Ms. O'Brien: Kindergarten students are regularly engaging in an integrated approach to learning. While students are making and creating in the Art Studio, there are overarching math and language lessons being tied in to their daily learning. Students are learning to engage in critical thinking, developing problem solving skills, and innovate. One of the skills we are currently focused on is the use of tally marks. Students are taught to count a group of objects using tally marks. The objective is that the child will understand that one mark is equal to one object and how to group tally marks into sets of five marks, which then helps with learning to count by fives. By preplanning, Mrs. Baker and I were able to incorporate the students artwork into our math class.

At Fletcher Elementary, Positive Behavior is Just Groovy!

By Chris Dodge, Principal

It resembled something from another era. Teachers suited up in tie-dyed t-shirts and all students and staff donned brightly colored fluorescent sunglasses.

Just Groovy Cont'd on page 4

New Music Studio in Preschool

By Rebecca Jackson, Preschool Teacher

The preschool classes decided to turn our drama area into a music studio. The children drew pictures and dictated lists of instruments they wanted to put in the area and thought about what to take out and where to store the materials being added. We worked together to move the materials and set up our music studio. If anyone plays an instrument and wants to come in and play for us, or sing a song or show us some dance moves, please let us know. We would love to have musical guests!

Before vacation, we made bird and squirrel feeders, and when we came back we saw that the animals had eaten all the seeds off! We also went for a winter woods walk and followed deer tracks in the snow.

News from the Library

By Rebecca Cardone, Librarian and Academic Interventionist

Red Clover Book Award Program for 2019-2020

Each year, the Red Clover Book Award Committee chooses ten picture books as nominees for the prestigious Red Clover Book Award. Students in grades K-4 may participate in the program by reading or hearing at least five of the books from the list of nominees. In the spring, eligible students can submit a vote for their chosen winner.

Recent Red Clover Read Alouds:

Misunderstood Shark

By Ame Dyckman
Illustrated by Scott Magoon
During a live broadcast of
"Underwater World with Bob," a
series of incidents with Shark create some hilarious misunderstandings and uncertainty. Is Shark tru-

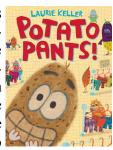


ly as innocent as he claims? Scott Magoon's illustrations are a perfect match for this laugh-out-loud picture book.

Potato Pants

by Laurie Keller

Potato is thrilled that potato pants are on sale at Lance Vance's Fancy Pants Store. But our vegetable hero is afraid to go shopping because Eggplant, who pushed him into a trashcan yesterday, is in the store. Eventually, his desperate desire for a pair of stripy potato



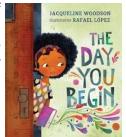
pants (with stripy suspenders for added stripyness) overcomes his fear. He confronts Eggplant, and things look a bit grim, until it turns out that Eggplant has been looking for a chance to apologize.

The Day You Begin

by Jaqueline Woodson Illustrated by Rafael López

In The Day You Begin, four students struggle as

they feel like outsiders at the beginning of the school year. Through sharing their stories, they begin to connect and embrace their differences.



Happy Reading!

Box Tops Cont'd from page 1

First, download the free *Box Tops* app to your smartphone or tablet. Create an account using an email and a password that you create. Next, be sure to select Fletcher Elementary School within the app. Then, shop as you normally would and, after shopping, scan your store receipts (in the app) to find participating products. Finally, the *Box Tops* app will automatically credit Fletcher Elementary's earnings online! Yes, it is that easy!

For more information, visit the link below: https://www.boxtops4education.com

Thanks for supporting our school community!

Just Groovy Cont'd from page 2

On the wall, a gym-length banner on which bubble-letters spelled out: Be Respectful. Be Responsible. Be Safe. Be Caring.

It was a groovy scene as the Fletcher School community reviewed it's four behavior expectations last Friday. The whole-school gathering, entitled, "Groovin' Into the New year," kicked off 2020 by bringing everyone together to celebrate community and to serve as a reminder of the school-wide behavior expectations, all part of a tie-dye theme.



Periodically reviewing school-wide behavior expectations is an essential practice within the Positive Behavior Interventions and Supports (P.B.I.S.) framework. While the proactive teaching, modeling and practicing of expectations happens throughout the year, a "booster" review after school breaks is an important way the Fletcher staff helps everyone get back into the "groove."

"While the longer school breaks are a fantastic time to unwind, the many changes to children's routines can make it more challenging for students to settle back into the expectations of school," Instructional Coach Denette Locke, a member of the school's Leadership Team, said. "Our goal is to get out ahead of those challenges by reminding everyone of the expectations. The new calendar year presents a particularly great opportunity to renew our commitment to a positive school community."

Students were encouraged to think about one of Fletcher's four behavior expectations to focus on as a new year's resolution, of sorts, and each student helped fill in the letters of the banner with a tie-dyed coffee filter they made in art class. As students completed the project, Locke serenaded the group with a song about positive behavior written to the tune of the song, Feelin' Groovy.

"I put my design on the expectation that says to be caring," third grader Koda Chipman said. "I think it's important to know when someone is feeling down and do whatever you can to cheer them up. That's my goal for the new year."

Fifth grader Maddie Weaver said, "I chose the expectation that says to be respectful because that helps everyone learn better and makes people feel welcome here."

"The more our students think about the expectations in various contexts, the more meaning they will be able to make of them," Locke said. "That's precisely why frequently reviewing the expectations and what they mean across settings is important."



OSMO

By Kathleen Pellegrino, Grades 1/2 Teacher

In Ms. Pellegrino's class, we spiced up our math block by re-introducing Osmo this month. Osmo merges tactile exploration with innovative technology, actively engaging children in the learning process. Osmo was created for all ages, but the three Osmo games that we've been working on encourage students to count money and make change, active memory, use addition and subtraction strategies, and work with pattern blocks to make animal shapes. We are so lucky to have access to something like Osmo where the line between fun and learning is blurred!



First and second graders use Osmo, a device that expands the use of an iPad top include tactile applications that reinforce math, literacy and other skills.



Developing Community in Preschool

By Blythe Baskette, Preschool Special Educator

The Pre-K is like its own little world with the children participating in many activities with the support of adults in the classroom. Most classrooms feel like their own little community, but I think in our F.E.S. Pre-K there is a real sense of feeling like a community. The children are supported by several different teachers throughout their day at F.E.S. These teachers maintain a supportive rapport with each other, which can be felt by the children. There is much enthusiasm this time of year as the children begin to develop many skills. Everyone knows the children and this knowledge allows the teachers to work fluidly with all the children in the room because we can meet children where they are at.

For example, a student may be working on a puzzle and another student may join the group. The teacher may know what to say to keep the puzzle building moving along without a child becoming frustrated or she may not say anything to allow a child more time to persevere with pieces that are difficult to fit together. Another child may become upset about something and another teacher may step in the help the child problem-solve their conflict or a teacher may back off and let a specific teacher work with a student they are deeply connected to.

This sort of community allows the children to move about freely, yet be provided with consistent instruction and guidance from the adults in the room. This means that if a child is working on a certain skill, all the adults in the room are going to positively reinforce the development of this skill. The Pre-K community works together for the benefit of all students. In our garden the children are starting to grow.

Physical Education News

By Doug Young, P.E. Teacher

During the month of January, students will continue to work on basketball skills. We will also be finishing up with some 4 square skills.

Please remind students that they should come to P.E ready to start on time. If they need to borrow shoes it should be done when they are at breakfast, before they head down to their classrooms.

I hope everyone has the chance to get outside for some fresh air and exercise. The weather has been really unpredictable lately.



Please Donate Your Used Holiday Cards

A group of students at Fletcher Elementary is collecting the fronts of used holiday cards to donate to St. Jude's Children's Research Hospital. The cards are then recycled into new cards by teens at St. Jude's and sold to benefit children's care at the hospital. If you have a card front (or 100) that you'd like to donate, please send them to Fletcher Elementary School (attn: Mr. Dodge) by Monday, February 3, 2020. Thanks! We have set a goal of mailing 1,000 cards or more!



Music NotesBy Jennifer McConnell, Music Teacher

It's great to be back at school! I'm excited for the work we will complete in Music over the next few weeks!

Students in grades K-2 will continue to work on singing on pitch, keeping a steady beat, and being musical as we learn new games, songs, and activities!

In 3rd and 4th grade, we will be doing an extensive unit on active listening, during which students will analyze interesting musical selections from a wide variety of genres. In addition to listening, we will continue working on music literacy (reading both pitch and rhythm).

Fifth and 6th grade Music will be dabbling in rhythm work and music listening, but the bulk of our time together for the next few months will be spent preparing for the play. More on that soon!

Pro-nounce Your Syl-lab-les!

By Phyllis Quarles, Speech-Language Pathologist

Over the past few years I have noticed an increase in children's tendency to leave syllables out of words. For example, a child might say "mote control" for "remote control" or "elvator" for "elevator." This is not something that should be ignored. It is ok to gently correct our children. You can say, "You mean the REmote control?" and ask the child to say it with you. You can even clap it out. Pick your moments, and make sure you are not interrupting the child's message, causing frustration. But let your child know that the way we pronounce our words is important. It relates directly to the development of literacy skills.

Remember, SYL-LAB-LES MAT-TER!



Launching Into StarBaseBy Lorrene Palermo, 5/6 Teacher

Fifth and sixth graders are launching into the new year with Starbase. Hiker Girl (her call sign), JoAnna Tebbetts, a teacher from Starbase, came to Fletcher Elementary to introduce students to the curriculum that will be taught during the time at the base in South Burlington. If you want to know more about Starbase please visit their website at www.starbasevt.org.

Safety Seats: A Quick Review for the New Year

By Tara McMahon, RN, School Nurse

Vermont law requires all children under eight years of age to ride in safety seats. Vehicle seat belts are designed for adult-sized bodies that are at least 4' 9" tall and about 80 to 100 pounds. If your child uses an adult seat belt too soon, in the event of an accident, they could have serious injuries including internal organ damage, spinal cord damage, broken ribs, or brain injury. Children and airbags don't mix. Children under 13 years old should sit in the back seat. For more information on car seat safety go to www.beseatsmart.org.or

 $\underline{https://www.cdc.gov/features/passengersafety/in}\\ dex.html.$

Is my child ready to be out of the booster?

In Vermont, to get out of a booster, a child must pass two milestones:

- 1. The child must be 8 years old to even consider leaving the booster.
- 2. The child must pass the 5 step test to get out of the booster. The belt must fit them correctly. This test checks for belt fit.

The 5 Step Booster Test:

- 1. Does the child sit all the way back against the vehicle's seat?
- 2. Is the lap belt below the stomach, touching the thighs?
- 3. Is the shoulder belt centered on the shoulder and chest?
- 4. With feet on the floor, do the child's knees bend comfortably at the edge of the vehicle's seat?
- 5. Can the child stay seated like this for the whole ride?

If the answer is "no" to any of these questions, the child needs a booster seat in order for the shoulder belt and the lap belt to fit properly and provide the best crash protection.







Fletcher students had a full day of learning with Puppets in Education, a professional puppet troupe, on Monday. Topics included cultural diversity, healthy snacking, body image, bullying prevention, tobacco prevention and learning differences.



School Nurse Needed—Fall 2020

The Fletcher Elementary School anticipates the need for a .4 FTE school nurse beginning in the fall of 2020. The preferred candidate will possess an RN credential and school nurse licensure. Duties include, but are not limited to, managing both acute and chronic illnesses and injuries for approximately 103 students and 25 staff in a preschool through 6th grade setting, maintaining health records as required, working as part of a team of educators that collaborates to support students, conducting necessary vision and hearing screenings, acting as a liaison to community agencies and professionals, and supporting the daily functioning of the school office. This is a two-day position with some flexibility with specific days. Applications accepted through SchoolSpring.com only. Position open until filled. Review of applications begins immediately.

Substitute School Counselor Needed—Spring 2020

The Fletcher Elementary School anticipates the need for a substitute school counselor for up to four days per week beginning on or around April 17, 2020, and lasting through the remainder of the school year. This position requires unconditional respect for students, their families and learning needs. School counseling licensure preferred. Duties will include, but are not limited to, teaching whole-class guidance lessons using the Second Step curriculum, facilitating targeted socialemotional instruction through small group counseling, as well as working with individual students. The successful candidate will serve on a variety of collaborative teams across PK-6 grade levels and collaborate with teachers, staff and families to support the socialemotional learning and well-being of All Learners. Experience with - and knowledge of - the PBIS approach strongly preferred. Applications accepted through SchoolSpring.com only. Review of applications begins immediately. Position open until filled.



Cambridge Area Rotary Presents:

WINTERFEST

All Day Saturday, January 25, 2020

Events include ice skating, pie for breakfast, mini snowmobiles, guided snowshoe hike, hot cider, vintage Nordic ski and snowshoe ramble, lasagna dinner, bonfire, music, hot air balloon glow and fireworks!

Visit: https://www.facebook.com/CambridgeAreaRotaryVT

Or call Ron Carter at 802-793-7095.

NATURE'S NEWS

From: Four Winds Nature Institute - www.FourWindsInstitute.org

A Newsletter for Parents, Teachers, and Students participating in Four Winds Natural Science Workshops



Topic of the Month: BLANKET OF AIR

Air is everywhere. Though we cannot see, smell, feel or taste the air around us, we cannot live without it! Air is vitally important to all living things.

Air is the invisible mixture of gases that surrounds the earth providing the nitrogen, oxygen, carbon dioxide, and hydrogen that are essential to plants and animals.

Air protects planet Earth from harmful radiation and at the same time traps some heat from the sun, making it possible for life to exist. Air transmits sound waves, carries smells, supports birds in flight, and moves pollen and seeds.

Air takes up space and expands when it is heated and contracts when cooled. Air has weight and exerts pressure.

Although we cannot sense the air around us, we can see things moved by the wind, smell scents it carries, feel it when it moves, and know each time we take a breath that air is essential to life.

RISING ON AIR

When the sun warms the earth's surface, it warms the air close to it. Warm air rises. Rising air can lift and carry things as it moves. Experiment to see this happen.

Cut a spiral out of a piece of paper. Balance the center of the spiral on the point of a pencil. (Make an indentation, not a hole, to keep the paper from slipping off.) Take the shade off a lamp and turn on the light bulb; wait a few minutes until it gets hot. Then hold your pencil with the balanced spiral just above the bulb. As the air is warmed around the bulb, this hot, light air will start to rise, creating a mini wind that turns the spiral. Turn the light off; it will stop.

Go outdoors to watch for warmed and cooled air moving, pushing, and lifting things. Can you spot a soaring bird riding rising air currents or a



NEWS FROM SCHOOL

Happy New Year to you all!! We are very excited to continue our year long focus on Earth systems with our Four Winds Nature lessons in 2020.

If you ever have connections to the nature learning that we are doing here at Fletcher or if you ever want to join us for any of the Nature Program lessons during the month, please reach out anytime. Please contact Denette at dlocke@fwsu.org or call 849-6251 ext. 32115.





EARN CASH FOR OUR SCHOOL

NO MORE CLIPPING, ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR THE NEW LABEL:



HERE'S HOW IT WORKS:



BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SGAN

YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.



EARN CASH FOR OUR SCHOOL

Box Tops earnings are identified and automatically updated at BTFE.com.

You do not need to clip or send Box Tops labels to school.



BOX TOPS CLIPS ON PACKAGES

Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. **You can still clip these and send them to school.** Please make sure each clip has a valid expiration date.







SEE PRODUCTS & LEARN MORE ABOUT THE BOX TOPS APP AT BTFE.COM

THE ALL-NEW BOX TOPS IS HERE!

DOWNLOAD THE APP:





LOOK FOR BOX TOPS ON **HUNDREDS OF PRODUCTS!**

THE ALL-NEW BOX TOPS IS HERE! DOWNLOAD THE APP:





CLIP: Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. Every valid Box Tops clip is worth 10¢.



SCAN: If you see this label, do not send it to school. Use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.



BEVERAGES

- Nestle Pure Life Water .5-Liter 24, 28, 32,35-Packs
- Nestle Pure Life Water 8 oz. 6, 12, 24 & 56-Packs
- Nestle Pure Life Water 11.15 oz 6-Pack



HOUSEHOLD **CLEANING**

- Lysol® Disenfectant Spray
- Lysol® Disenfecting Wipes
 Lysol® Toilet Bowl Cleaner



MEALS & SIDES

- Annie's® Baking Mix
- Annie's® Brownie Mix
- · Annie's® Cake Mix
- Annie's® Cookie Mix
 Annie's® Mac & Cheese
- Annie's® One Pot Pasta
- Annie's® Soup Hamburger Helper"
- Chicken Helper
- Tuna Helper Old El Paso™ Beans
- Old El Paso™ Taco Kit Old El Paso™ Tortillas
- · Old El Paso™ Shells



SNACKS

- Annie's® Bunny Cookies
- Annie's® Bunny Grahams
 Annie's® Cheddar Bunnies
- Annie's® Cheddar Squares
- Annie's® Cookies
- Annie's® Crackers
- · Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Popcorn
 Annie's® Snack Bars
- Annie's® Snack Mix
- Bugles™
- Cascadian Farm™ Granola
- Cascadian Farm™ Granola Bars
 Cascadian Farm™ Protein Bars
- · Cereal Treat Bars

- Chex™ Mix

 Fiber One™ Bars

 Fiber One™ Brownies

 Fiber One™ Cheesecake Bars

 Fiber One™ Cookies
- Food Should Taste Good™ Chips
- · Fruit by the Foot
- Fruit Roll-Ups™
- Gardettos™ General Mills™ Fruit Snacks
- · LARABAR™ Kid
- Mott's® Fruit Snacks

- Mott's® Fruit Snacks
 Nature Valley™ Bars
 Nature Valley™ Bites
 Nature Valley™ Bites
 Nature Valley™ Granola Cups
 Nature Valley™ Layer Bars
 Nature Valley™ Snack Mix
 Nature Valley™ Squares
 Nature Valley™ Wafer Bars



CEREAL & BREAKFAST

- Ancient Grains Cheerios[™]
- Annie's® Cereal
 Annie's® Toaster Pastries
- Apple Cinnamon Cheerios™
- Apple Cinnamon Toast Crunch™
- · Banana Nut Cheerios"
- Basic 4[™] Cereal
- Big G Cereal Breakfast Pack (8 Pouches)
- Berry Berry Kix™
- Birthday Cake Cookie CrispTM
 Blueberry CheeriosTM
 Blueberry ChexTM

- Blueberry Toast Crunch™
- · Boo Berry
- Cascadian Farm Cereal™
- Cheerios™
 Cheerios™ Oat Crunch Cinnamon
- Chocolate Cheerios
- Chocolate Chex™ Chocolate Lucky Charms™
- Chocolate Peanut Butter Cheerios™
- Chocolate Toast Crunch
 Cinnamon Chex™

- Cinnamon Toast Crunch™
 Cinnamon Toast Crunch™ Churros
- Cinnamon Toast Crunch™ Shreds
- Cocoa Puffs™ Cereal
- Cookie Crisp™ Cereal Corn Chex™ Cereal Count Chocula™
- Dippin Dots™ Cereal
 Drumstick™ Cereal
 Fiber One™ Cereal
- Fillows™ Cereal
- Franken Berry™
 French Toast Crunch™
- Frosted Cheerios
- Frosted Lucky Charms™
- Fruity Cheerios™
 Girl Scouts™ Cereal
 Golden Grahams™

- Honey Kix™
- · Honey Nut Cheerios™
- · Honey Nut Cheerios To Crunch
- Honey Nut Chex™
- Kix™ Cereal · Lucky Charms*
- · Maple Cheerios™
- Mermaid Cereal
- Multigrain Cheerios¹
- Nature Valley™ Cereal
 Nature Valley™ Granola
 Oatmeal Crisp™ Cereal
- Peach Cheerios™
- · Peanut Butter Chev* Peanut Butter Chocolate Shreds™ Cereal
- Protein Cheerios™ Oat & Honey
 Pumpkin Spice Cheerios™
- Raisin Nut Bran™ · Reese's Puffs*
- Rice Chex™ Star Wars™ Cereal
- Strawberry Toast Crunch™
 Sugar Cookie Toast Crunch™
- Toasted Coconut Cheerios™ Total™ Cereal
- Trix™ Cereal
- Vanilla Chex™
- Very Berry Cheerios™
- Wheat Chex™ Wheaties™





FROZEN

- · Annie's® Bagel Pizzas
- · Annie's® Pizza Bagels
- · Annie's® Pizza Poppers
- Cinnamon Toast Crunch™ Bites

- Clinamon Toast Crunch "Bites
 Pillsbury Mini Cinnis
 Pillsbury Manackes
 Pillsbury Tanaster Scambles
 Pillsbury Tanaster Strudel
 Totinos Tanaster Pizza (4-pack only)
 Totinos Manackes
 Totinos Manackes
- Totino's™ Pizza Rolls



- · Annie's® Biscuits
- · Annie's® Cinnamon Rolls · Annie's @ Crescent Rolls
- Yoplait® Go-GURT® Yogurt · Yoplait® Go-Gurt® Dunkers
- · Yoolait® Kid · Yoplait® Multipack



- · Boise® POLARIS® Premium Paper
- · Boise® X-9® Paper
- · Paper Mate® Arrowhead® Erasers
- Paper Mate® Clearpoint® Mechanical Pencils
- · Paper Mate® Colored Pencils
- Paper Mate® Comfortmate Ultra™
- Paper Mate® Correction Pens
- Paper Mate® DryLine® Products Paper Mate® Eagle® Pens
- Paper Mate® Eraser Mate®
- Paper Mate® Expressions® Erasers · Paper Mate® Flair® Felt Tip Pens
- Paper Mate® Flexgrip® Elite
- Paper Mate® Flexgrip® Ultra
 Paper Mate® Gel Pens
- · Paper Mate® Flexgrip® RT · Paper Mate® Handwriting
- · Paper Mate® Holiday
- · Paper Mate® Infinite Lead
- · Paper Mate® Inkjoy® Ballpoint Pens • Paper Mate® Inkjoy® Gel Pens
- Paper Mate® Inkjoy® Stylus 2-in-1
 Paper Mate® Lead Refills
 Paper Mate® Liquid Flair®
- Paper Mate® Liquid Paper® Fast Dry
- Paper Mate® Markers
 Paper Mate® Mirado® Woodcase Pencils
- · Paper Mate® Pens
- · Paper Mate® Pink Pearl® & White Pearl® Erasers Paper Mate® Profile®
- · Paper Mate® Profile® Elite
- · Paper Mate® Quick Flip* Paper Mate® Sharpwriter® Mechanical Pencils
- · Paper Mate® Speederase Paper Mate® Write Bros. Pens

Paper Mate® Write Bros. Mechanical Pencils

CLIP-ONLY
PRODUCTS

A few brands have opted not to participate in the digital program; however, you can still find Box Tops clips on these products during the packaging transition. Be sure to send them to your school before they expire.

- · Select Finish® Products
- Select Reynolds® Products
- · Select Hefty® Products · Select Kleenex® Products
- · Select Scott® Products · Select Ziploc® Products

@Googeal Mills



2020 WINTER SHOW UP EVENTS

FREE FOR ALL AGES AND ALL ABILITIES!

| DATE | TIME | TOWN | EVENT | LEADER | LOCATION | EVENT DESCRIPTION/ INSTRUCTIONS |
|----------------------------|---------------------|-------------------|---------------------------------|---|--|---|
| Thursday, January 9th | 6:30- 8:30pm | St. Albans | Free Square Dance Event | Steve Desrosiers | St. Albans City Hall | Join the Maple Squares for two fun hours of free Square Dancing. |
| Saturday, January 18th | 2:00- 4:00pm | St. Albans | Yogurt Making Class | Sarah Auer/St. Albans Rec | Barlow Street Community Center, 2nd Floor | Make yogurt and learn about its health benefits. Free, but preregistration is required. |
| Saturday, January 18th | 8:00- 10:00am | Swanton | Monthly Birding Walk | Ken Copenhaver & Julie Filiberti | (MNWR) Wildlife Refuge, Old Railroad Passage Trail | Join fellow bird watchers for this monthly walk appropriate for all levels. |
| Wednesday, January 22nd | 12:00- 1:00pm | St. Albans | Urban Wilds Walk | Bird Diva Bridget Butler | Taylor Park, Downtown St. Albans | Break for lunch and join the Bird Diva to explore urban wild places! |
| Saturday, February 8th | 10:00am- 12:00pm | Swanton | Wildlife Refuge Outing | Kurt Valenta, Exordium Adventures | MNWR (Wildlife Refuge), Steven Young Marsh | Explore and learn about the refuge with outdoor educator Kurt Valenta. |
| Saturday, February 15th | 8:00- 10:00am | Swanton | Monthly Birding Walk | Ken Copenhaver & Julie Filiberti | (MNWR) Wildlife Refuge, Maquam/Black Creek Trail | Join fellow bird watchers for this monthly walk appropriate for all levels. |
| Sunday, February 16th | 1:00- 3:00pm | Enosburg | Mid-Winter Snowshoe | Steve Wadsworth & Sarah Downes | Enosburgh Town Forest | A glorious snowshoe through the beautiful Town Forest! |
| Saturday, March 7th | 10:00am- 12:00pm | Sheldon | Explore the Trails with Kurt | Kurt Valenta, Exordium Adventures | Sheldon Community Forest | Take to the trails to search for creatures, plants and birds as they emerge from the cold. |
| Monday, March 9th | 6:00- 8:00pm | Saint Albans | Full Moon Hike | St. Albans Rec | Hard'ack Hill | Tour St. Albans hidden gem, Hard'ack Hill. Snacks provided following hike. Must pre-register. |
| Saturday, March 21st | 8:00- 10:00am | Swanton | Monthly Birding Walk | Ken Copenhaver & Julie Filiberti | (MNWR) Wildlife Refuge, Jeep Trail | Enjoy a morning of bird watching at this monthly walk appropriate for all levels. |
| Wednesday, March 25th | 12:00- 1:00pm | Enosburg Falls | | Bird Diva, Bridget Butler | Town Square | Enjoy a midday walk outside during your lunch break exploring urban wild places with the Bird Diva! |

Check out "Events" at facebook.com/RiseVT for more Details

